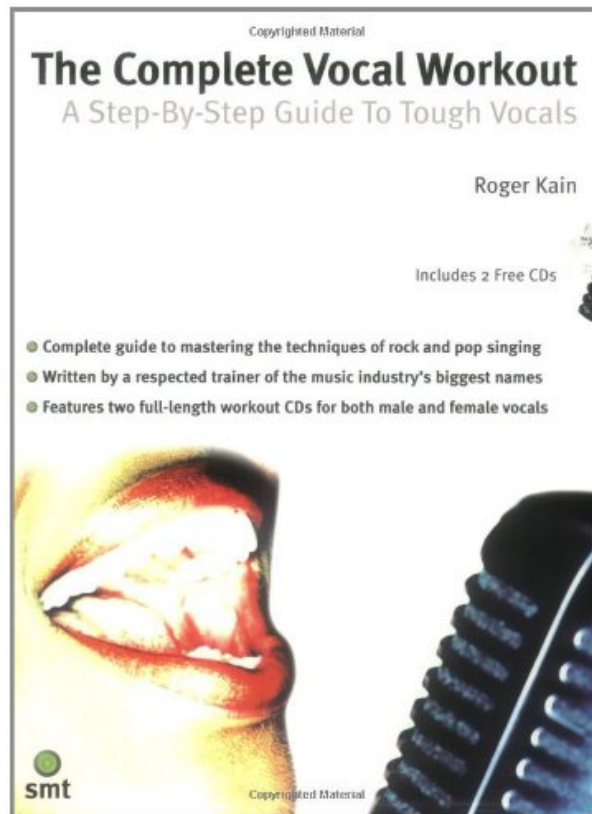


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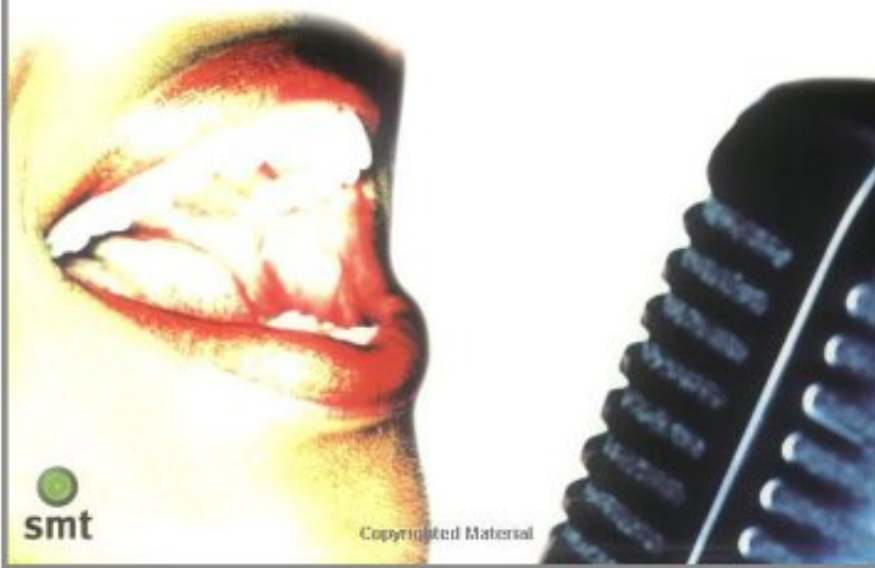
# The Complete Vocal Workout

## A Step-By-Step Guide To Tough Vocals

Roger Kain

Includes 2 Free CDs

- Complete guide to mastering the techniques of rock and pop singing
- Written by a respected trainer of the music industry's biggest names
- Features two full-length workout CDs for both male and female vocals



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Roger Kain is a trained classical singer who has appeared as both singer and actor on stage and screen in operas, musicals and plays, and has also fronted a number bands of his own. He has worked with some of the great names of the '60s and '70s musical scene, including Mark Wynter, Frank Ifield, Lulu and many others, and has taught in many schools of performing arts. He is now head of the Voice Department of the Brighton Institute of Modern Music.

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(Music Sales America). Adapted from a syllabus originally developed for the Brighton Institute of Modern Music, The Complete Vocal Workout is a thorough guide to training the voice to perform under the duress of modern live and studio conditions. With a full spread of exercises for both male and female voices, and with two accompanying demonstration CDs, this book is the perfect guide for all those pop and rock star wannabes who wish to train without paying a fortune.

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## Most helpful customer reviews

4 of 4 people found the following review helpful.

the best vocal book out there

By Lizabelle

I am an untrained natural singer in my 40s. I've often been asked to teach voice lessons, and have done a bit of reading to find the words to what has always been something I couldn't explain. This has been my favorite vocal book for a few years. I have given it to my friends and students and they love it too. It mixes classical technique with new styles. The CD is great, no hokey piano back up, no hokey introductions to the exercises. I really object that, and have wasted too much money on what looked like a good thing, only to find that I couldn't stand listening to it. My previous favorite was Roger Love's "Set Your Voice Free". But this is

better, more straightforward. I know that my own range and confidence has increased hugely. When I am sick and worried that I can't sing, a few of the exercises and I know exactly where my voice is. I can't say enough good things about Kain's work.

4 of 4 people found the following review helpful.

A tough but effective vocal workout

By Dolores Hughes

This is a great tool for someone who already understands the basics of singing. I would not recommend it for a beginner. This book takes a lot of time to work through, so you need a lot of patience and the desire to improve over time. There are a couple of things that are wierd about this book. The 2 cd's that come with it are labeled one for male, one for female; however you need to use both of them no matter what your gender. It's confusing, but in order to go through the book, it takes both cd's. You will occasionally skip a section that is labeled male only or female only, but other than that, use both cd's. There are some mistakes in the book...mislabeled sections, wierd cut-off's and labelings, but over all it is solid and good. Again, I would only recommend this to those who have studied the voice before.

3 of 3 people found the following review helpful.

Helped increase my range, great price.

By Reuben Josephe Tapp

I purchased the book/cd collection as a way to increase my vocal range and power while singing. My interest was also awaken with the claims of "rock" singers having more extensive ranges than "opera" singers, and how people were told that rock singers would ruin their voices by singing the way they sing. (Kain, points out that they are still singing strong today.)

This book seems to "smack" all of those naysayers in the face, with a different methodology. If you are not happy with your voice and range this may be a book for you.

I think that a beginner would be fine as long as they read and follow the directions and guide notes each time they practice. The book is the next best thing to having an avant garde vocal coach in the room with you. If you want singing lessons on a budget and know what you a wanting your voice to do(increase range, singing louder, sing more from diaphram, etc.) This book is for you.

The helps in the back and the details of how to sing have been very helpful. I have seen my voice transform from a lot of strain with high notes, to something like a screech for high notes, to clear, non-strained higher notes.

It does take consistent work and remembering and following the guide notes in each exercise, but in a short time it has been worth it.

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