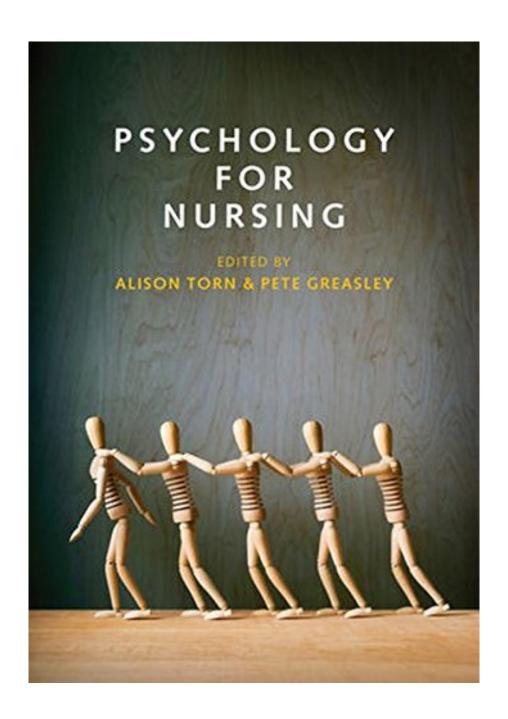


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'Psychology for Nursing is an excellent book which combines clinical expertise with relevant psychological theory and research evidence. This provides the reader with a unique insight into the psychology of human behaviour, and human caring, that student nurses, and those on post-qualifying courses, will find invaluable. There are examples and discussion points throughout to help strengthen the relevance to practice. I can wholeheartedly recommend this book to nurses and students of other health disciplines, who will come away with new insights and a better understanding of human behaviour.'

Daniel Kelly, Cardiff University

'The authors show that, not only do nurses need to have knowledge about core aspects of the science of psychology, we need to become skilled at knowing how to competently apply that knowledge within a broader person-centred approach to care.'

Jan Dewing, Queen Margaret University, Edinburgh

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Alison Torn is a Senior Lecturer in psychology at Leeds Trinity University.

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This innovative new textbook covers a range of clinical situations a nurse may encounter in their professional career, providing useful insights into challenging patient - and colleague - encounters. Written by a team of educators and clinicians with considerable expertise in their respective fields, the book focuses on the application of psychology in key areas of nursing (child, adult, older people, learning disabilities, mental health) providing practical approaches and techniques that nurses can use in their daily practice with patients. It includes several features to support teaching and learning:

- · Clearly defined learning outcomes for each chapter
- · Examples throughout to illustrate the application of psychology
- · Case studies following a student nurse through different placements and experiences during her nurse training
- · Structured activities and questions for discussion to encourage reflection on practice
- · Annotated suggestions for further reading

With nurses increasingly being held to public and professional account, the importance of understanding a clinical encounter, in particular the psychological aspects of it together with developing a skillset to respond to patients, has never been greater. This accessible and entertaining book will be indispensable reading for nurses at undergraduate and graduate level, particularly those on the pre-registration nursing diploma and Bsc (Hons) in Nursing.

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