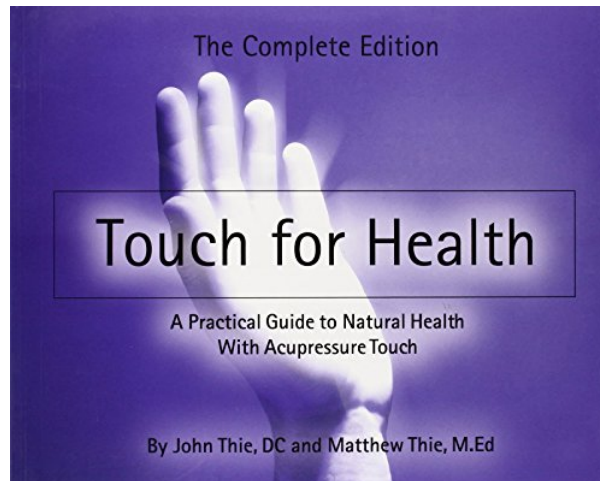
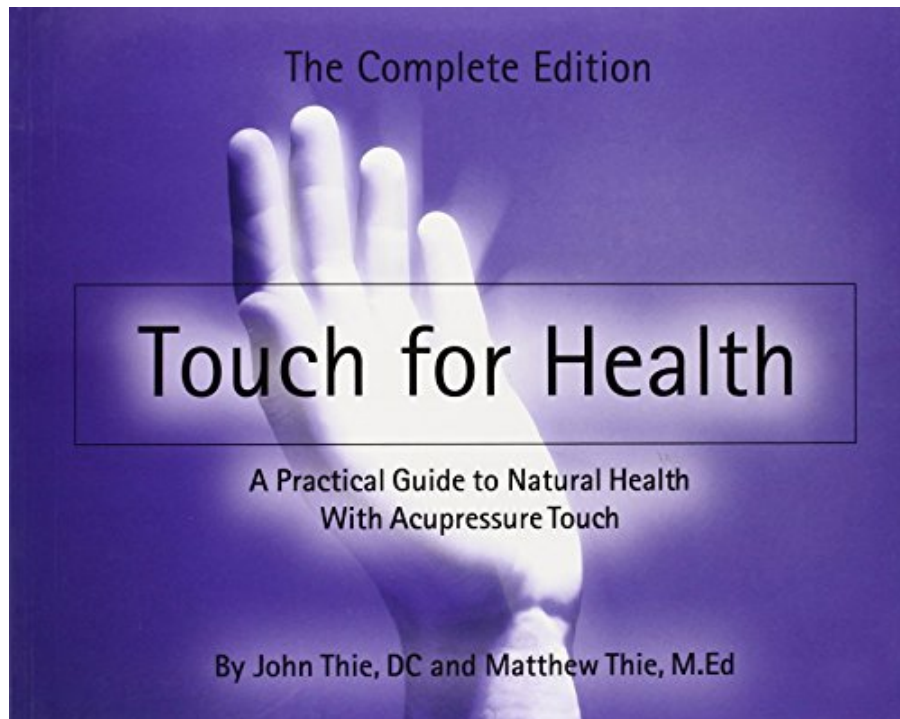


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About the Author

John Thie, DC was president of the Touch For Health Foundation after having led the Thie Chiropractic Clinic for 35 years as a director in Pasadena, California. With degrees from USC, the Los Angeles College of Chiropractic, and UCLA, he served on the faculties of many Southern California universities, where his treatment and technique gained recognition throughout the world. Despite his recent passing in 2005, Touch for Health will live forever in the hearts of his colleagues and practitioners for years to come.

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By Dr. Scott Cuthbert

Dr. Thie's books on Touch for Health have sold in excess of 500,000 copies. No chiropractor has ever developed a patient education program that has had the influence that Touch for Health has. Touch for Health caught the attention of many laymen and other health professionals in several disciplines, and spawned national and international workshops and certification programs. It has spread some of the methods of applied kinesiology (particularly the Traditional Chinese Medicine, somatovisceral and viscerosomatic

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There are not many scientific references in the textbook, but rather "best practices" are taken from anecdotal sources rather than from scientific peer-reviewed journals, which may undermine the book's overall scientific credibility. In this age of evidence-based medicine, some scientists and clinicians may consider that this book contains only personal, speculative opinions, presented with a high degree of authority.

However this is the best "How To" manual on "Kinesiology" ever produced, and derives its methodologies from applied kinesiology and the International College of Applied Kinesiology, which has a significant evidence base. Further, Touch For Health has begun a serious research program and have produced some impressive early results confirming some of the cornerstone procedures of its methods.

Dr. Thie and his son Matthew Thie have delivered a book that can be studied in basic and advanced level massage courses around the world. The text is also an excellent reference for the practicing massage therapist, acupuncturist, nutritionist and bodyworker who is committed to ongoing continuing education. Highly recommended!

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By Diana Cuckler

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